

Annual Report

2013-2014

**Shanta Memorial Rehabilitation Centre
Bhubaneswar**



Annual Report

Mr. President & Members of the Executive Board.

I Welcome you all to the 29th Annual General Board Meeting of Shanta Memorial Rehabilitation Centre.



We have completed these years of service working globally through a large network of local, national and international organizations and government and UN bodies. The work was started with the initiative of Shri Ashok Hans in 1985, who brought forward this Centre, unfortunately he is not among us today, but as he said himself we have to move forward. We have to do this keeping in mind his vision on the rights based work to be carried out with and for persons with disabilities. His vision is continuing with your help.

You will be happy that your organization has been continuing with the Special Consultative Status with the United Nations Economic and Social Council from 2011. We are also Accredited to UN ADHOC Committee on Disability (ENABLE) & Associated Member Rehabilitation International. This year we have been chosen to be represented in the Global Task Force and Conflict and Disaster.

The activities which were carried out during the FT 2013 - 2014 :

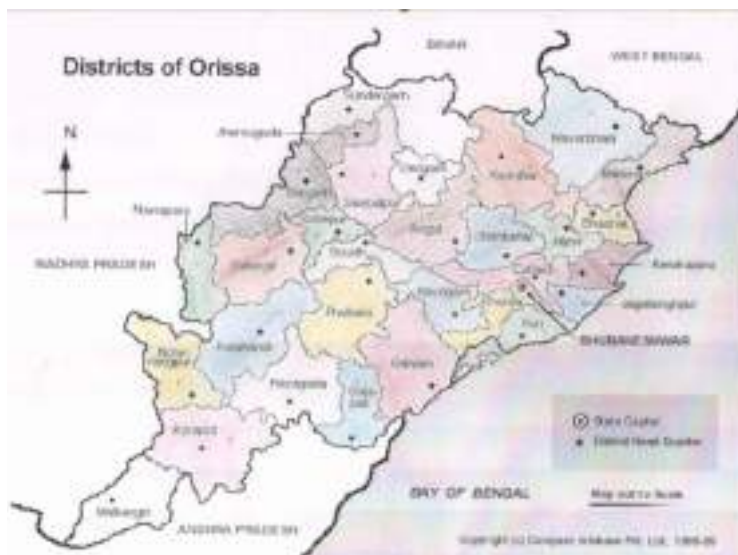
Rehabilitation of Persons With Severe Disabilities

The project "Rehabilitation of Persons with Severe Disabilities at Bhubaneswar, Odisha" supported by SDTT and implemented by SMRC has completed three years of functioning. The project was launched in May 2011 at Bhubaneswar to provide rehabilitation services to severely disabled persons and rehabilitate them back in their communities. Its project objectives have been satisfactorily met.

The transit home and its core program has contributed in providing comprehensive rehabilitation of 204 persons (among whom 37 nos were BPL card holders and 105 were very poor persons) with severe disabilities by imparting of training on comprehensive care, ranging from health care, education, mobility aids, awareness creation to livelihood. It was observed that quality of life, independence and health stability was the outcome. Support system was put in place where required through carer training. The extension of this into the rural areas, the community and medical professionals was fulfilled. The inclusion of the Persons With Severe Disabilities (PWsD) into the community, nearby medical centres and livelihood programs is being met as strategized.

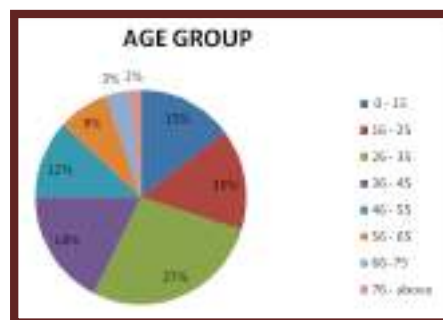
REHABILITATION

During the FY we have rehabilitated 204 severely disabled in our transit home. Among the 204 persons 53 (26.37%) were females and 151 (75.12%) were males. This is in keeping with trauma data available that more men are injured than women and social data that men are given precedence over medical care and women excluded.



The persons belonged to different districts of Odisha. Among the 204 cases 1 case was from West Bengal..

These 204 patients belonged to different age groups. The age grouping ranged from 0 yrs. to 87 yrs. It was seen that majority of the persons who were assisted were between the age group 16 yrs. – 45 yrs. (60.30% - 123 nos.). The group that should be earning livelihood and contributing to the economy are disabled. It was also seen that, a group of young (14.92% - 30) were also affected. Among them a small baby of 19 months was also affected.



TYPES OF CASES		
Paraplegic (paralysis of lower limbs)	29	14.44%
Tetraplegic (paralysis of all four limbs)	34	16.91%
Hemiplegia (due to a heart problem.	29	14.42%
Others (Polio, Amputee, Multiple Disability)	103	51.24%
Head Injury	9	4.47%
	204	100%

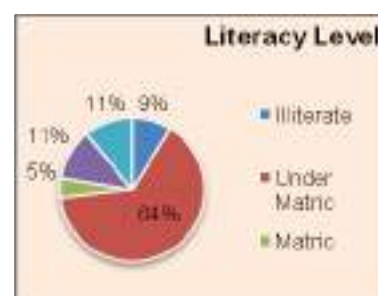
The main causes of their disabilities were basically Road accidents (44) and Fall from height (23). The labour workers were injured due to fall from height. The young group were due to Motor Cycle accidents, most due to intake of alcohol. High BP was also another cause of their disability.

Most of those rehabilitated were the poorest of the poor. 52% were very economically poor and found it difficult to get two square meals a day leave alone a high protein diet which most require especially if they have pressure sore (as they bleed and can become toxic) for treatment or medicines. Only 30% were slightly well off which was basically they were settled in life and had some type of fixed income etc. 18% were holders of BPL card.



The literacy level of these who were rehabilitated were as below:

It was seen that, 9% were illiterate and daily labourers. They were paralyzed due to accident, fall from tree or illness. After critical care in hospitals they come to SMRC for rehabilitation training. Rehabilitation does not end there as SMRC takes them back to the community for integration and also start ups in employment whether wage or self. As 64% were near literate (below class 10) wage employment is difficult to get. They were agricultural workers and could not go back to work. Some had been employed in very small business like beetle making (paan), vegetable, egg shop etc. SMRC has assisted them in getting jobs.



YOUNG YOUTH FROM THE TRIBAL AREA OF ODISHA



Jagannath Sahu, 20 yrs young boy from the tribal are of Sonpur who had compound fracture in his right leg which made him disabled. He visited us but due to financial support he requested if we could give him rehabilitation at his home. So as one of our staff was from his area so he was given exercise every weekend. Now with the help of a stick he can move around slowly and has restarted his shop.

Lokanath Mahala (32 yrs) fell from a bike and lost the movement power of his all 4 limbs. He was also from the tribal area of Sonpur. After his rehabilitation he has started a shoe shop in his village and is now leading a life independently.



Referral Services

Referrals were made to NIRTAR, ALIMCO, RSIC, VRCH and Disability Commissioner Office and other organizations for patients who require different types of help such as Vocational Training, specialized medical training and assistive devices. 423 were identified for jobs for which the Government of India has been approached to work out with VRCH (Govt of India) and Self Employment Mission soft skill training. M-Phasis India is training and has trained 4 batches with physical disability for appointment in a BPO.

Fitment of Aids

A group of 10 children were referred to Eswar (Delhi Based Organization) & Endolite for fitment of Aids after corrective surgery. 9 of them underwent the surgery and are back home with modified aids. They were taught how to use the equipment by SMRC personnel.



Physiotherapy

The Physiotherapy and Occupational therapy unit caters to a varied mix of persons requiring rehabilitation training. In this phase the Centre provided 4011 sessions in physiotherapy training to persons with disabilities. Most of those who attended the sessions had orthopedic and neurological problems such as low back pain, cervical spondylosis, frozen shoulder, arthritis, post fracture stiffness, hemiplegic, facial



palsy and spinal cord injuries. Many of those to whom services were provided were children.

Orthotics & Prosthetics Unit

Suitable orthotic aids and appliances are fabricated in-house as per the need of the person with disabilities. During the period it has nurtured care to approx. 123 persons with the following items:

Items	Numbers
L.S.Belt	27
Tubi Fix	3
Splint of different types (hand, finger, foot drop, cock-up etc.	4
Collar (Cervical soft & hard)	7
Wheelchair Modification & Toilet Chairs	4
Walker, Quadripad , Tripod Walking stick / Crutches	10
Traction Kit, Weight Cuff, Pulley set	5
Brace (Different types)	10
Knee Cap, Knee Hinge, Silicon Shoes, Modified Shoes, Heel cap	17
Assorted items	10
Total	97



Survival / Quality of Life Packages :

Among the 200 cases 69 nos. were selected to be given a Package such as Wheelchair, Mattress, Cushion, Medicine Kit, tricycle, walker, pully etc.



PACKAGE	
Auxiliary Crutch	5
BI AFO	1
Elbow Crutch	1
Hand Spring	2
KFO	2
Mattress & Cushion	11
Pully	1
Quadripot	4
Shoulder Immobilizer	1
Soft Collar	3
Tricycle	4
Philadelphia Collar	1
Walker	9
Weight Cuff	3
Wheelchair	24

Personal Attendant Education Program for in Transit Home persons

One of the major reason for high mortality is because persons who are rehabilitated in hospital settings rarely have knowledge transferred to them. If a person is not taught how to manage their new condition they can go home and die. To avoid that situation SMRC has as its core training an attendant training program. During rehabilitation an attendant training program is given where every aspect of bed management is taught to the carer / personal attendant of the rehabilitated person. This helps in the prevention of complications.

This program is being conducted every afternoon. All carer attendants and the



PWD is provided training on management-wheel chair use, transfers and transfer of knowledge on exercise they will have to carry out at home. Within the ward they are provided knowledge on urological management and pressure sore management or any other problems they may be facing are discussed. In all at least 311 carers were provided complete

knowledge on methods of assisting persons with severe disabilities who need support.

The classes are conducted by the nurses, physiotherapist and social worker. This transfer of knowledge is the most important component in providing long term quality of life and limiting morbidity.

CHILDREN FROM SLUMS

SMRC staff visited slums to assess children with disabilities. Most were found to children with cerebral palsy. They have had no treatment and as such not only excluded but have developed medical problems which may not be treatable. As these children were very severely disabled and required long term therapy carer training was provided. While SMRC



searches for support the mothers have been trained to look after the children. SMRC is trying to get financial support for their treatment and education. Without any additional fund SMRC is still continuing with the service to the Slum Children.

Community Visit

The team visited the communities in Jajpur, Nayagarh & Puri Districts where the clients are resettled. The team met the PHC doctors of various districts and spoke to them and discussed disability stigma & other issues.



RURAL AWARENESS CAMPS



Ten rural camps in new areas were organized with collaboration of the Government of Odisha, Seven more were organized in Khurda District (3rd Phase) with the government on special request from the DSWO. A total of 5162 persons were made aware. 1411 were given hands on training on managing their disabilities.

Capacity Building

Capacity building of staff is carried out through training within the centre through any new material that has come out on rehabilitation and its processes.

Our Therapist Sambit Bhatta had gone to Kolkatta to attend a Seminar on Rights to Health of persons with disabilities.

Capacity building of community is carried out when visits are made by the parapetic team who takes the person home or when they go for a visit for review



Reena Mohanty attended the National Meet on Spinal Cord Injury held by Government of India. You will be happy to know that one of our Physiotherapist Dr. A. G. Sinha, BPT,MSPT, now Professor, Department of Physiotherapy,

Punjabi University Patiala, Punjab, presented a paper referring to our CBR Concept on rehabilitating persons with severe disabilities.

Reena also was selected for a training in Bangladesh and Sri Lanka on Leadership for Women.

OUTCOME OF REHABILITATION

Learning to be independent

Rasmi Ranjan Kar is a farmer by profession. Harvesting fruits like coconuts by climbing trees, albeit, a regular routine can be a dangerous one. Rasmi sustained an injury as a result of a fall. After initial hospitalization and declared by doctors as complete injury and with no hope in life he came to SMRC for rehabilitation training. Both, the family and he needed to be reassured that therapy was an absolute necessity to be fully rehabilitated. After weeks of aggressive therapy he is now able to walk, play with his 1 year old daughter and confident that he will be able to go back to work which he has done so in 6 months time.



Returning to give up

When a person is the sole earning member of a household, a single incident can impact the entire family. This happened to Taraknath Nayak when he had a neck injury which resulted in paralysis.



Nayak was determined to get back on his feet as soon as possible. He was an exemplary patient at SMRC listening to team members as they helped him get better. His faith in physiotherapy and his determination gave him a new lease on life which he is truly grateful for.

WOMEN WITH DISABILITIES INTERSECTING CRPD WITH CEDAW

Women with disabilities are amongst the most discriminated against and have barriers set up against them which are overwhelming. SMRC received support from the prestigious Disability Rights Fund (Tides Foundation, USA) one of the two DRF National partners to build the capacity of women with disabilities in laws especially the UNCRPD. The aim is to set up a national network and carry out a research on women with disabilities. This project was started in September 2010 and end in August 2012.

Again the DRF project was further extended for another 2 yrs. ie September 2012 – August 2014. This project is related to Women with Disabilities and setting up a national network.



The Women With Disability India Network (WwDIn) which was set up with approx. 500 WWDs as members from all over India. A separate Facebook, Web page & list server has been setup for the Network.

From 2012 we have been conducting consultation meetings in different states of India. During the FY we conducted Four consultation meeting which were held in Mumbai, Ahmadabad, Dehradun & Kochi. The Mumbai meeting was held in partnership with ADAPT. In Ahmadabad it partnered with Blind Peoples Association, Dehradun with NIVH & Kochi it was with HRLN. A number of disability activist attended the meeting they were Malini Chib, Mithur Alur, Ketna Meheta, Kanchan Pamnani, Bhushan Punani, Anuradha Mohit etc.

The issues which were discussed at the meetings were all compiled and the full document was submitted to NAWO for inclusion in the India's Alternative report which will be presented to the CEDAW Committee in Geneva on 2nd July 2014.

The report address the urgent needs for the inclusion of issues of concern to Women with Disabilities (WwDs). The Government of India ratified CEDAW in 1993 and UNCRPD in 2007. In both Conventions intersect and reinforce each other on the rights of women and girls with disabilities.



At Ahmadabad the group of young Women's were very enthusiastic and they decided on the spot to form a association of all young women's who are undergoing training or studying and staying at the BPA Women's Hostel.

At Uttrakhand parents were more concerned about their daughters and sisters as one lady who said she has sacrificed her carer as well as life to look after her sister who is 54 yrs. old and was worried that, what will happen to her after her as she was also aging.



The WwDIn members met Stephanie Ortoleva, Esq., President, Women Enabled, Inc. USA to discuss with her how the Network will work with them in future. SMRC is represented on its Board

The WwDIn took part in the campaign One Billion Rising – Rise for Justice : Mobility for All



PERSONS WITH DISABILITY DRAFT BILL

The Draft Bill was rejected by many leading organizations including SMRC. Parivaar (Parents Association) & NAAJMI which deals with Psycho Socio Disabilities rejected it explaining that it reflected the insensitivity of both Govt. & DPO's



CRPD's two track strategy on gender has not been paid much attention in the Bill. The Draft

Disability Bill 2014 put forward by the Government had the component on Women missing. The emphasis by the Steering Committee of the WWDIN who acted as resource persons in the meetings showed the importance of mobilizing, working and lobbying together on the passing of the Disability Bill 2014 were Women with Disability has been not included. Appeals were made to the President of India Sri Pranab Mukherjee (As Above) Sonia and Rahul Gandhi, Kapil Sibal, Smriti Irani, Department of Disability

Affairs. We then became part of the All India Disability Alliance to stall the bill. The Bill was held up for the new Government to decide and send it to the Parliamentary Standing Committee.

ELECTION WATCH

As per the Constitution of India every citizen of the country, eighteen years and above, has a right to cast his or her vote in a secret ballot. However, with respect to persons with disabilities, this fundamental right has been grossly violated due to multiple factors such as low level of awareness and poor access. Polling booths are seldom accessible to persons with mobility difficulties. The electronic voting machines do not have tactile indicators which would support persons with visual impairment to cast their vote independently. Persons with intellectual disabilities have varying degrees of functionality and reasoning capacities based on which they might require the support of an



appropriate escort to cast their vote. At the same time, it is acknowledged that the decision to exercise his/her vote lies with the person and should not be forced.

With the objective of bringing to fore issues faced by people with disabilities and initiating dialogue with the government to that enough time would be available to government to make necessary changes, SMRC conducted a consultative meeting at SMRC training hall with various DPO leaders from the state. The State Election Commissioner, Dr. Mona Sharma and Dr Tapan Banerjee, Board of Director Handicap International, Ms. Kasturi Mohapatra Disability Commissioner were present to support the process.



The State Election Commissioner Dr Mona Sharma as very positive in her support and has committed to ensuring the recommendations; an outcome of the day long consultative process would be suitably addressed. During the Election 2014 a person with disability was designated in each District to monitor that, the persons with disabilities were able to cast their vote easily. It was seen that, the government had made provision for the persons with disabilities. The booths were made accessible and the Election officer was aware in how to guide them.

Disability Course

We have been conducting Disability Course under Bangalore University for the state of Odisha. This year we have been asked to extend our work for the Eastern Region for those students who are undergoing Diploma in CBR & PG Diploma in CBR under Bangalore University. During the FY a group of 182 students took admission and have attended the courses.

Regional Abilympics – Eastern Region



Coined after the term “Olympics of Abilities”, the International Abilympics is a world-wide competition that showcases vocational skills of persons with disabilities in trade and technology areas. The first International Abilympics (IA) was held in Tokyo, 1981, followed by the 2nd in Colombia, 1985. Since then, the Abilympics have been hosted by several countries around the world: 1989 in Hong Kong, 1995 in Australia,

2000 in Czech Republic, 2003 in India, 2007 in Japan, and the last was held in Seoul, South Korea in September 2011.

The Abilympics in India are held under the auspices of the National Abilympics Association of India, SMRC is a member of the Association and our Executive Vice President Prof. Asha Hans is the Eastern Regions Vice President of NAAI.

The Eastern Zone Abilympics was organized in Bhubaneswar from 1st to 3rd August, 2013. The participants were from West Bengal, Odisha, Bihar and Assam. 249 persons gathered at the event of which 193 were participants, 62 escorts, 10 officials, 30 volunteers and judges. Some could not attend due to the floods affecting their travel.

Several categories were showcased in the event. 32 skills in which the young people participated ranged from computer (software and hardware, CAD) to cake making, tailoring, basket-weaving and photography etc.

A special competition was held for girls with Intellectual disability girls in jewellery. The aim of this event was to ensure



that ‘no child with disability is left out’. The three days of living, competing and enjoying on a collective platform provides the young persons with disabilities a sense of accomplishment and solidarity.

The program convened with the ‘lighting of the lamp’ by the Commissioner Cum Secretary, Dept. Women and Child Development of the Government of Odisha, Smt. Arati Ahuja IAS. She spoke to the children about the Government’s programs and how their future would be impacted with the skills they learnt.

Other speakers included the acting Director of the Vocational Rehabilitation Centre for Handicapped, Sri R.K.Sharma, Smt. Chumki Dutta (a disability activist, entrepreneur) and Prof. Asha Hans, of SMRC.

Preceding the closing ceremony was a cultural programme where Sri S.K.Roy of Mahindra and Mahindra was a guest. The children presented an extraordinary talent show, including yoga, singing and dancing.



At the closing ceremony Smt. Kasturi Mahapatra, Commissioner Disability, Odisha, Smt. Dhillon of NAAI and Smt. Uma Bebartha, a board member of SMRC, spoke and awarded prizes to the contestants.

The media, both print and visual, were present throughout the event which lasted three days. It was a special privilege to host this unique and inspiring event where the participants felt challenged and experienced a sense of achievement. Asha Hans “It is our privilege to be part of such a motivating event.”



CHILD RIGHTS ASSEMBLY

In 2010 SMRC with assistance of Government of Orissa and UNICEF organized an Assembly of Children with disabilities in Bhubaneswar. In 2011 the meeting was organized. The program was an outstanding success and as the Governor of Orissa mentioned in his speech it was the best program he had attended in Orissa.



In 2013 the program was held on 2nd & 3rd August 2013. A total of 100 children from all over India participated in the program. The program was inaugurated by Sri B.B.Pattnaik, Director, Directorate of Disability, Government of Odisha and Dr. Santanu Mahapatra, renowned music director and film maker who has been working with children with visual disabilities in Odisha. Sri

Pattnaik spoke of Government initiatives for the children with disabilities that are available and how having vocational skills can help them lead a productive life.



The closing ceremony was held on 3rd evening where the Chief Guest was Sri B.J.Panda Lok Sabha M.P. and Guest of Honours were

Smt Arati Ahuja IAS Secy cum Commissioner WCD Dept, Sri S.K.Roy of Mahindra and Mahindra, Prof Ashok Sar of KIIT University and Member Board SMRC presided over the meeting. The two child winners Sonali Patra and Deepak Das also joined the guests on the dais. Children spoke on this occasion and were awarded with memento and cash prizes.

The Odisha state government requested SMRC to organise a Child Rights program on the programme conducted by us. This was done at the District Level on 3rd December on the occasion of International Disability Day. Approx. 65 children from all the districts of Odisha attended the program. They were awarded by the W & CD Commissioner at the State Level Program in the evening.



ASHOK MEMORIAL AWARD

In 2013 Rajeev Rajan was presented the Ashok Hans Award for excellence in work in the field of disability. The Award established in 2010 had been earlier presented to Smt Poonam Natrajan Chairperson National Trust and second to Anuradha Mohit disability activist and Director National Institute of Visual Handicapped. Rajiv has been a lead activist in the field of disability fighting for Rights of Disabled. He works with the Disability Legal Unit in Chennai (at Vidya Sagar). His Advocacy has included representing India at many UN Agencies including UNSCAP, DPI in India and Nepal, APDP, CRPD Consultations in India and Bangladesh and campaigning on multiple issues including Accessible Air Travel. With a Post Graduate in Human Rights Rajiv has received many awards including the Ability Care Mastery Award (2009) National Award for being a Role Model from the President of India 2007. The award was given by Sri B.J.Panda Lok Sabha M.P.



WORK AT THE UNITED NATIONS

As SMRC has consultative status with the United Nations Economic and Social Commission it is invited to meetings at the UN. In 2014 SMRC provided an oral and a written statement in Geneva on Science, Technology and Mathematics for girls with Disability. In July it joined in the High Level Meeting on Migration and

Development and provided an oral statement on Disability and Migration. In March two papers were presented.



Asha Hans, panelist.

One at a side event on STEM and second on poverty. This panel has the Executive Director of UN Women, Member of the CRPD Committee and member of UNDESA besides SMRC. Later the year SMRC joined the larger number of DPO's / NGO's at the State Conference on UNCRP at the UN Head Quarters.

OTHER INTERNATIONAL WORK

SMRC has been nominated to the Task Force on Disaster Inclusive Relief and Rehabilitation set up by Rehabilitation International. A Plenary paper was presented on Phailin Cyclone at a Conference Organized at Sendai Japan in the presence of UN Officials, Government Officials and DPOs selected from across the Globe. Later it participated in the Task Force meeting in New York.

PROGRAMMES

Our grant from Sir Dorabji Tata Trust has ended for the Transit Home after 3 years. With the support of Ashwani Hans member Executive Board we have submitted a proposal to Tata Steel.

We have been awarded a major Grant from USAID to start a programme at the national level. We will set up Gender Resource Centres in Andhra Pradesh, Gujarat, Karnataka and Odisha and a National level programme from Odisha.

Staff News

Sri Rabi Tripathy left SMRC to join the All Odisha Orthopaedic Association as its General Secretary. It is a great honour for us. Data Operator Jhurunali Biswal left after marriage. Sunita Tula nurse shifted to Koraput to join a government job. We had made two appointments in Delhi and Chennai which come to an end with the end of Disability Rights Fund.

Let us congratulate the staff for the hard work they have put in during the years. Our appreciations also to our Donors, partners, local sponsors, government official and media for it coverage of programmes.

I thank the Executive Board for your continued support which has helped the organization move forward. I now place the Annual and Audit Report for the FY 2013-2014 for discussion and its passage by the Board.

Asha Hans
Executive Vice President